

CPR Group Covenant

This covenant is reviewed and signed at the beginning of each quarter by all groups. Groups that are continuing still review the covenant during the first meeting of each term.

Session Dates _____ to _____

Leader(s) _____ phone # _____

Host(s) _____ phone # _____

This covenant will help us discuss and clarify our goals, expectations, and commitments as a group. Since healthy groups thrive on trust and participation, a clear covenant is an important starting point toward a successful group experience.

CPR GROUPS: Our Basic Purpose

CPR groups exist to promote the development of significant Christian relationships centered around the study of God’s Word (see Hebrews 10:24-25; Romans 8:29).

Sharing

Each week, we will take time to share what is happening in our lives. At first this sharing will include some planned “sharing questions”. After the first few weeks, it will become more informal and personal as our group feels safer and more comfortable.

Study

Each week we’ll study a portion of God’s Word that relates to the previous weekend’s sermon. Our goal is to learn how to apply and live out our Christianity in our day-to-day experiences and relationships.

Support

Each week, we'll learn how to take care of one another as Christ commanded (see John 15:9-13). This care will take many forms, such as praying, listening, meeting needs, and encouraging and even challenging one another as needed.

Five Marks of a Healthy Group

For our group to be healthy, we need to

1. focus on spiritual growth as the top priority (Romans 8:29);
2. accept one another in love just as Christ has accepted us (Romans 15:7);
3. take care of one another in love without crossing over the line into parenting or taking inappropriate responsibility for solving the problems of others (John 13:34);
4. treat one another with respect in both speech and action (Ephesians 4:25-5:2);
5. keep our commitments to the group- including attending regularly, doing the homework, and keeping confidences whenever requested (Psalm 15:1-2, 4b).

Guidelines and Covenant

1. Dates We'll meet on _____ nights for ___ weeks. Our final meeting of the term will be on _____.

2. Time We'll arrive between _____ and _____ and begin the meeting at _____. We'll spend approximately _____ minutes in singing (optional), _____ minutes in study/discussion, and _____ minutes in prayer/sharing.

3. Children Group members are responsible to arrange childcare for their children. Nursing newborns are welcome, provided they are not a distraction to the group.

4. Study Each week, we'll study the same topic(s) covered in the previous weekend's sermon.

5. Prayer Our group will be praying each week for one another and specific missions requests.

6. Homework and Attendance Joining a CPR group requires a commitment *to attend each week and to do the homework ahead of time.* Obviously, allowances are made for sickness, vacation, work conflicts, and other special events- but not much more! *This commitment is the key to a healthy group.*

Most weeks, the homework will require from 20 to 30 minutes to adequately prepare for the group study and discussion.

If we cannot come to the meeting, we will _____
_____.

7. Refreshments

8. Social(s)

9. Service Project(s)

We agree together in Christ to honor this covenant.

(To be decided on and signed by each group member on or before the third week.) (Each member sign below)